

RICHARD HARPER MEMORIAL TRACK MEET
(BOYS & GIRLS)

Dear Coach:

We are pleased that your teams plan to participate in the Richard Harper Memorial Track Meet scheduled for April 20 and 21, 2018. The meet will include both boys and girls divisions to be held at Albuquerque Academy.

Enclosed you will find information concerning the meet, time schedule for events.

Entries are due through directathletics.com no later than Thursday, April 19, 2018 by 12:00 noon. No late entries will be accepted. Please remember that entries are final – you may only scratch athletes – **NO CHANGES/ADDS. **Note: Only varsity times/marks are acceptable from this year (No JV)****

*NOTE: Please remind your teams to use the outside restroom facilities. The gym is closed.

If there are any questions concerning the meet, please feel free to e-mail me at bachist@aa.edu or call me at 828-3340. We are looking forward to seeing you on April 20 and 21, 2018.

Sincerely,

Taryn Bachis
Athletic Director

Teams Attending:

Albuquerque Academy
Atrisco Heritage A.
Belen High
Capital High
Cibola High
Cleveland High
Del Norte
Eldorado High

Grants High
Highland High
La Cueva High
Los Alamos High
Los Lunas High
Manzano High
Piedra Vista High
Rio Grande High

Rio Rancho High
Sandia High
Sandia Prep High
Santa Fe High
Valencia High
Valley High
Volcano Vista High

RICHARD A. HARPER MEMORIAL TRACK MEET

RUNNING EVENTS: ALL RUNNING EVENTS WILL BE METRIC DISTANCES.

INDIVIDUAL EVENTS: Entry limit: Three (3) entries per school in individual events. The 100 meter, 200 meter, 400 meter, 100 meter hurdles (girls), 110 meter hurdles (boys), 200 meter and 300 meter intermediate hurdles will qualify the top 8 from the heats to the finals. Heats seeded according to time submitted. The 800, 1600, and 3200 meter runs will be finals only.

Heat seeding will be used for all timed finals (fastest times in the last heat). Timed finals will be for the following events: 800 meter run, 1600 meter run, and 3200-meter run.

RELAYS: 400 Meter, 800 Meter, 1600 Meter, and 1600-meter medley. One relay team per school in relay events. Heats seeded according to times. Last heat will be the fast heat. Places based on times of all heats.

**All relay and runway markings must be done with tennis balls or athletic tape.
NO DUCT TAPE allowed on the track.**

FULLY AUTOMATIC TIMING: This will be a FAT event.

FIELD EVENTS: Shot Put, discus, javelin, long jump, triple jump, high jump, and pole vault
Starting height in pole vault –Boys- 10'0". Girls- 7'6" (all qualifying heights will be contested)
Starting height in high jump - (boys) 5'4"; (girls) 4'8". **(Please do not enter athletes who have not cleared opening heights. We would like to keep this varsity only athletes.)**
Adjustments will be made before the meet if needed.
Each contestant will be given 3 attempts. Top 8 will qualify to the finals.
The best distances of the 6 attempts will determine the final position/place.
Note: Minimum measurements for the throwing event are posted on event lines.

TRACK SURFACE/RUNWAYS: All-weather track surface, runways for pole vaults and long jump, and high jump takeoff. Flats, 1/4" or pin spikes required. (No long spikes, please). Concrete discus and shot-put rings, grass javelin surface.

TIME SCHEDULE OF EVENTS: Attached.

COACHES:

1. Please note that warm up periods have been provided before each field event. Please inform your participants that no warm ups will be allowed after the start of competition in the event.
2. Starting blocks will be provided for all competitors.
3. Scoring: Individual Events: 7-5-4-3-2-1
Relays: 10-8-6-4-2-1
4. Lane Assignments: Curve: 4-5-6-3-7-2-8-1-9
Straights: 5-4-6-3-7-2-8-1-9
5. The discus, shot, and javelin will be held at the Upper & Lower Soccer Fields, just northwest of the track.

PROTEST: In case of a mechanical or rule question, a **WRITTEN PROTEST** must be given to the Meet Referee to be acted on. In the case of a judgment call no protest will be allowed.
Only Head Coaches' may file a protest.

AWARDS:

Overall teams: 1, 2, 3 place trophies
Relays: 1st place plaques
Individual: 1, 2, 3 place medals,
4, 5 & 6 place ribbons
The awards will be packaged and distributed at end of meet.

RICHARD A. HARPER MEMORIAL TRACK MEET

April 20 & 21, 2018

TIME SCHEDULE Friday, April 20th

Friday, April 20th – 9:30am Coaches may make scratches & pick up the Field Event Flight Info in the East Campus Gym Wrestling Room. All scratches need to be made at this time to expedite the meet. (Field Events Scratch at the site)

**9:30 AM Weigh-In of Shot Put and Javelin - Upper Field East side of Library
Scratch at the site for field events – NO ADDS**

Noon - All coaches meet @ finish line. Important information and heat sheets.

FIELD EVENTS:

- 10:30 Girls: High Jump - **Starting height @ 4'8"**
- 10:30 Boys Triple Jump & Girls Triple Jump **Minimum measurement distance is 35'0" boys & 28'0" girls**
- 10:30 Boys: Pole Vault – **Starting height @ 10'0"**
- 10:30 Girls Javelin - **Minimum measurement distance is 80'0"**
- 10:30 Boys Shot Put – **Minimum measurement distance is 38'0"**
- 12:30 Boys High Jump – **Starting height @ 5'4"**
- 12:30 Girls Long Jump & Boys Long Jump **Minimum measurement distance is 18'0" boys & 14'0" girls**
- 12:30 Girls Pole Vault – **Starting height @ 7'6"**
- 12:30 Girls Shot Put – **Minimum measurement distance is 28'0"**
- 12:30 Boys Javelin - **Minimum measurement distance is 125'0"**

RUNNING EVENTS: Preliminaries - eight fastest qualify to finals.

- 1:00 Girls 3200 Meter Run (Final)
- 1:30 Boys 3200 Meter Run (Final)
- 2:00 - 2:20 Open Track
- 2:30 Girls 400 Relay
- 2:40 Boys 400 Relay
- 2:50 Girls 800 Run (Final)
- 3:05 Boys 800 Run (Final)
- 3:30 Girls 100 Meter Hurdles
- 3:45 Boys 110 Meter Hurdles
- 4:00 Girls 100 Meter Dash
- 4:15 Boys 100 Meter Dash
- 4:40 Girls 400 Meter Dash
- 4:55 Boys 400 Meter Dash
- 5:20 Girls 300 Meter Hurdles
- 5:35 Boys 300 Meter Hurdles
- 5:55 Girls 200 Meter Dash
- 6:10 Boys 200 Meter Dash

RICHARD A. HARPER MEMORIAL TRACK MEET

TIME SCHEDULE Saturday, April 21st - All Events Finals

8:00-8:15 **Coaches Scratch Meeting - East Campus Gym Wrestling Room –
NO ADDS**
8:30 **Field events Scratch at the Site – NO ADDS**
Discus Weigh-In and warm-up – Field East of Library

9:00 Girls Discus - Minimum **measurement distance is 80'0"**

10:30 Boys Discus - Minimum **measurement distance is 110'0"**

9:45 Girls 400 Meter Relay

9:50 Boys 400 Meter Relay

9:55 Girls 100 Meter Hurdles

10:00 Boys 110 Meter Hurdles

10:05 Girls 100 Meter Dash

10:10 Boys 100 Meter Dash

10:15 Girls 1600 Meter Run (Final)

10:30 Boys 1600 Meter Run (Final)

10:45 Girls 800 Meter Relay

10:55 Boys 800 Meter Relay

11:05 Girls 400 Meter Dash

11:10 Boys 400 Meter Dash

11:20 Girls 300 Meter Hurdles

11:30 Boys 300 Meter Hurdles

11:40 Girls 1600 Meter Medley Relay

11:50 Boys 1600 Meter Medley Relay

12:00 Girls 200 Meter Dash

12:05 Boys 200 Meter Dash

12:10 Girls 1600 Meter Relay

12:20 Boys 1600 Meter Relay

TEAM AWARDS