

To: Head Track Coaches

From: Kenny Henry, Head Boys Track Coach, Cleveland High School Tim Flores, Head Girls Track Coach, Cleveland High School

Re: Cleveland Invite, Friday March 10, 2017

Entries: Each team will be allowed to enter up to three (3) athletes in each event. All entries will be made on Directathletics.com. The meet registration will remain open until midnight (12:00 pm) on Wednesday March 8, 2017.

The scratch meeting will be held Friday at 2:30 pm on the bottom floor of the Field house adjacent to the track. You may scratch athletes, but no athletes will be added.

We look forward to seeing you and your team at our meet.

Teams attending:

Cleveland, Aztec, Albuquerque Academy, Atrisco Heritage, Bernalillo, Del Norte, La Cueva, Los Alamos, Manzano, Rio Grande, Sandia Prep, Volcano Vista

General Information

Inform your parents and supporters that we will be charging an entrance fee of \$3.00 for adults and \$2.00 for seniors and children under 12. <u>PLEASE LET YOUR</u> <u>PARENTS/SUPPORTERS KNOW this ahead of time as we do not want our</u> <u>volunteers harassed the day of the meet.</u>

Team camps will be in the aluminum bleacher area only. Athletes are not allowed in the chair back section. Please adhere to this.

Only officials and contestants will be allowed on the track infield. There are plenty of gates located in the track area, please do not have your athletes jump any fences.

Scoring will be 7-5-4-3-2-1 for individuals 10-8-6-4-2-1 for relays



Entries- 3 per event

Short spikes or flats will be required of all contestants. Starting blocks will be furnished.

The running surface, pole vault, long jump, and high jump are on an all-weather surface. Discus and shot put rings are concrete and the javelin approach is on grass.

Participants are requested NOT to wear spikes into the metal bleacher area.

The Cleveland High School administration and athletic department appreciates your participation in this meet.

Due to the size of the meet and the number of competitors, we will be utilizing hog lines in the throwing events in an attempt to stay within the time schedule. Please see distances below.

Boys: Shot Put: 38' Discus: 110" Javelin: 120'

Girls: Shot Put: 25' Discus: 85' Javelin: 75'

Additionally, with regard to time, the pole vault will start immediately at 3:00 pm. Athletes will not be allowed to take any more run-thrus or measure their steps after 3:00 pm. The girl's pole vault will start exactly 30 minutes after the conclusion of the boy's pole vault. All girls pole vaulters will need to get their steps and run-thrus done in the allotted 30 minutes.



CLEVELAND INVITE MARCH 10, 2017

Time Schedule2:30 PMScratch meeting in the field house

3:00 PM Field Events Begin— 4 ATTEMPTS NO FINALS Girls Triple Jump Boys Triple Jump Girls Discus Boys Shot Put Girls High Jump Boys Pole Vault Boys Javelin

| Immediately | Girls Long Jump | Boys Long Jump |
|-----------------------|------------------|----------------|
| After 1 st | Girls Shot Put | Boys Discus |
| Group of | Girls Javelin | Boys High Jump |
| Field Events. | Girls Pole Vault | |

Rolling Schedule

| 3:30 PM | 3200 Girls 4 X 1 Girls/Boys to follow 100 Hurdles girls 110 Hurdles Boys 100 Girls/Boys to follow 800 Girls 1600 Boys 4 x 200 Girls/Boys to follow 400 Girls/Boys to follow 300 Hurdles Girls/Boys to follow 800 Boys Medley Relay Girls/Boys to follow 200 Dash Girls/Boys to follow 1600 Girls |
|---------|---|
| | Medley Relay Girls/Boys to follow |
| | 1600 Girls 3200 Boys 4 X 400 Girls/Boys to follow |
| | 800 Girls 1600 Boys 4 x 200 Girls/Boys to follow 400 Girls/Boys to follow 300 Hurdles Girls/Boys to follow 800 Boys Medley Relay Girls/Boys to follow 200 Dash Girls/Boys to follow 1600 Girls 3200 Boys |

FYI: In the event of poor weather, the running events will also start at 3:00 PM Kenny Henry – Head Boys Coach 505-264-8866 <u>khenry@rrps.net</u> Tim Flores- Head Girls Coach 505-249-6944 <u>tflores@rrps.net</u>