

# TRACK & FIELD EVENT INFORMATION

## 2019-2020

<b>Event</b>	Junior Varsity Track and Field Meet	
<b>Dates</b>	Boys JV Meet April 22, 2020—Girls JV Meet April 23, 2020	
<b>Sites</b>	Nusenda Community Stadium	
<b>Times</b>	4:15pm, April 22 4:15pm, April 23	Finals: JV Boys at Nusenda Community Stadium Finals: JV Girls at Nusenda Community Stadium
<b>Entries</b>	<p>All in-season NMAA and APS Athletic Department participation rules apply. Regular season sub-varsity meet limits as set forth by the NMAA apply to all participants. The maximum number of regular season sub-varsity meets is seven inclusive of the APS Junior Varsity Metro.</p> <p>Submit entries through DirectAthletics, <a href="http://www.directathletics.com">www.directathletics.com</a>, by 9:00am the day prior to meet. Athletes with a state qualifying mark in a varsity meet may not compete in the same event in the APS Junior Varsity City meet.</p> <p>Entries for individual events are limited to 3 entries per gender per school. Entries for relay events are limited to 1 entry per gender per school. Entries shall include highest marks unless this is the first competition. Other than individuals/relay teams being scratched, no entry changes including heat and/or lane assignments are permitted.</p>	
<b>Meet Information</b>	<p>A scratch meeting will be held at 3:45pm each day. A coaches meeting will be held at 4:05pm each day. Equipment weigh-in will take place at 3:45pm each day. Field events will be conducted according to the time schedule with running events conducted on a rolling schedule. Schools are required to provide a minimum of four workers to help facilitate assigned event responsibilities.</p> <p>Seeding of heats will be slowest to fastest, timed finals.</p> <p>Lane assignments      Curved races: 3-4-5-6-7-8-2-1      Straight races: 4-5-3-6-2-7-1-8</p> <p>A maximum of 3 trials will determine order of finish in field events. Javelin and Discus will be flighted ABCD. Shot Put will be flighted DCBA. Long Jump, Triple Jump, Pole Vault and High Jump will be OPEN PIT with time limit. Starting heights in High Jump and Pole Vault will be determined by the meet referee and event judge after reviewing entry marks.</p> <p>Scoring      Individual: 7-5-4-3-2-1      Relays: 10-8-6-4-2-1</p> <p>Postponement and/or cancellation of the event due to an emergency, inclement weather and/or facility/playing conditions will be in accordance with NFHS, NMAA and APS guidelines. An adjustment of the meet schedule or the cancellation of the event will be determined and announced by the APS Athletic Department.</p>	
<b>Awards</b>	<p>A team trophy will be awarded to the 1st place boys team and the 1st place girls team. Medals will be awarded for 1st place finishers in all events with ribbons being awarded for 2nd through 5th place finishers. Medals and ribbons will be sent out to schools after the event and do not need to be picked up. Team trophies will be awarded at the conclusion of each day's track meet.</p>	

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**THURSDAY, APRIL 23**

**GIRLS @ COMMUNITY**

3:45pm \_\_\_\_\_ Scratch Meeting

4:05pm \_\_\_\_\_ Coaches Meeting

3:45pm \_\_\_\_\_ Equipment Weigh-in

**FIELD EVENTS**

4:15pm—6:30pm \_\_\_\_\_ Javelin

4:15pm—6:30pm \_\_\_\_\_ High Jump

4:15pm—6:30pm \_\_\_\_\_ Shot Put

4:15pm—6:30pm \_\_\_\_\_ Long Jump

4:15pm—6:45pm \_\_\_\_\_ Pole Vault

6:45pm—9:00pm \_\_\_\_\_ Discus

6:45pm—9:00pm \_\_\_\_\_ Triple Jump

**RUNNING EVENTS**

5:30pm \_\_\_\_\_ 3200m Run (Fast Heat)

\_\_\_\_\_ 400m Relay

\_\_\_\_\_ 100m Hurdles

\_\_\_\_\_ 100m Dash

\_\_\_\_\_ 1600m Run

\_\_\_\_\_ 800m Relay

\_\_\_\_\_ 400m Dash

\_\_\_\_\_ 300m Hurdles

\_\_\_\_\_ 800m Run

\_\_\_\_\_ 1600m Medley Relay

\_\_\_\_\_ 200m Dash

\_\_\_\_\_ 3200m Run (Slow Heat)

\_\_\_\_\_ 1600m Relay

**SCHOOL WORKER ASSIGNMENTS**

AWARDS—Manzano

HURDLES—ALL Schools

TRIPLE JUMP—West Mesa

LONG JUMP—Volcano Vista

JAVELIN—Sandia

DISCUS—Atrisco Heritage

POLE VAULT—Valley

HIGH JUMP—Del Norte

SHOT PUT—Rio Grande

STARTING BLOCKS—La Cueva

TIMERS—Cibola/Eldorado

INSPECTORS—Highland/Albuquerque